

Filled out by the people who know your child best — so their first weeks with us feel familiar instead of new.

Child's name (and what they like to be called)	Birthday
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MY FAVORITES

Foods I love	Foods I'll refuse (politely or otherwise)
Songs & books	Toys, characters & games
Favorite things to do inside	Favorite things to do outside

HOW I WORK

How I nap best (routine, lovey, sound, timing)	
What comforts me when I'm upset	
Things that scare me or worry me	How I let you know I need something

MY PEOPLE

Name	Who they are to me

ANYTHING ELSE WE SHOULD KNOW?

Especially for the first weeks, while we're still getting to know each other.